







GIVING ADVICE

		a	b	c
		What is the matter with him/her?	What should she/he stop doing to be healthy?	What should she /he start doing to be healthy?
1.				
2.				
3.				
4.				
5.				
6.				

Solution:

	a	b	c
1	He has a smoking habit	He should stop smoking	He should start living without smoking.
2	He is a 'late person'.	He should stop going to bed late.	He should start going to bed early.
3	She has a bad eating habit.	She should stop eating unhealthy food	She should start eating healthy food.
4	He is an internet addict.	He should stop spending too much time on the net.	He should go outside, meet friends etc.
5	He is a 'couch potato'	He should stop being inactive.	He should start living an active life.
6	He has an alcohol problem	He should stop drinking too much alcohol.	He should start drinking healthy drinks.