

AVERAGE HUMAN LIFESPAN IN THE WORLD

1. Stress is probably one of the biggest problems in the contemporary world. It can significantly decide about the length of our existence.

Fill in the diagram with factors increasing and decreasing stress level



Despite high risk connected with childbirth, women have outlived men since at least XIV century, but the year 2006 will go down in history due to a special reason. It turned out that for the first time in history women lived longer than men in all countries in the world, even in the poorest ones. In what, therefore, does the mystery of women's longevity reside and what causes the fact that the weaker sex lives in good health till old age? The Internet can help you to answer the question.

2. Match given features of lifestyle influencing lifespan of women and men with pictures.



- share worries and advice more often
- hit the bottle more often
- like eating much and fat, they rarely go for diets
- don't care about fitness and watching their waistline
- bottle up bad emotions
- do periodic health examinations more often

Answer key:

Men

hit the bottle more often

like eating much and fat, they rarely go for diets

don't care about fitness and watching their waistline

bottle up bad emotions

Women

share worries and advice more often

do periodic health examinations more often