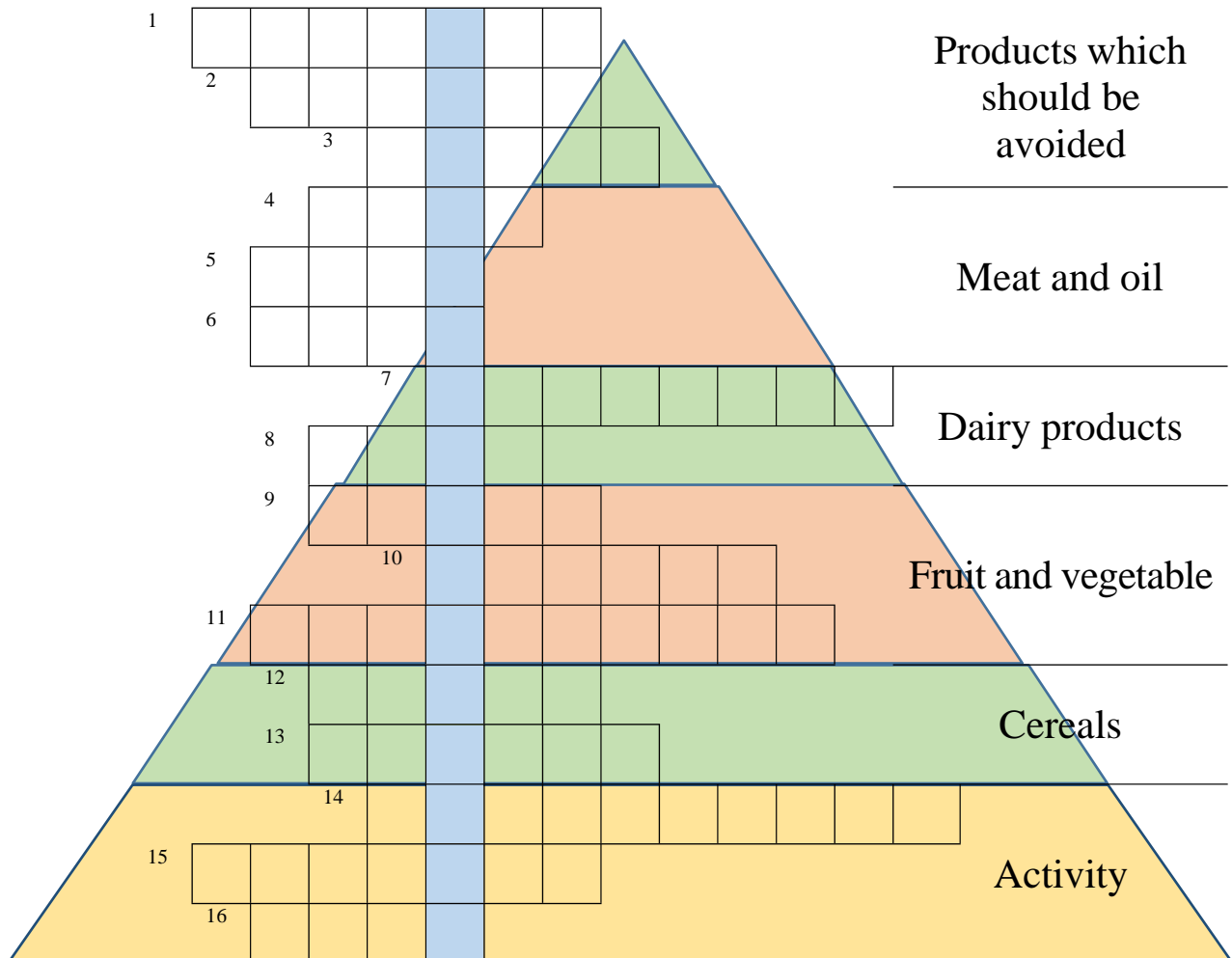


FOOD PYRAMID

Complete the crossword. The password is in the blue column



1. A forbidden drink for children
2. Eaten by children mainly between the meals
3. Meat which contains a lot of fat. Often used in scrambled eggs
4. Mainly produced from an oilseed rape. Can be vegetable or animalistic
5. One of the main course's ingredient, for example: pork, poultry
6. Apart from poultry it is also the healthiest source of protein
7. It is a dairy product which contains live bacteria culture
8. It has got a high nutritional value caused through the calcium content
9. It can cause some tears during the chopping
10. It is a main ingredient of salads; instead of vegetables, e.g.: a kiwi, a pear
11. They are feed for people and animals, for example: a tomato, a cucumber, lettuce
12. A product which has got a high content of starch. It is a main source of carbohydrates.
13. A plant; a bulb is its edible part
14. We do it in order to gain a slim body
15. We shape them while doing sports; they generate warm in our body and they are responsible for a proper posture of our body
16. We ride on it for relax

* Which two categories in food pyramid switched places over the years?

Solution:

1	Alcohol	2	Sweets	3	Bacon	4	Oils
5	Meat	6	Fish	7	Yoghurts	8	Milk
9	Onion	10	Fruits	11	Vegetables	12	Pasta
13	Potato	14	Gymnastics	15	Muscles	16	Bike

Password: HEALTHY LIFESTYLE

* Cereals and Fruit and vegetable