

EFFECT OF INTERNET USING ON HEALTH

1. Which one isn't sign of internet addiction?

- A) Decrease on general physical activity
- B) Somniphathy
- C) Don't feel concern when not connecting net
- D) Ignoring responsibilities.



2. Which of these suggestions should be done to avoid internet addiction? Label T or F

- A).....Adults should be role model for young people in internet usage.
- B).....Conscious internet usage must be supported with printed and visual media.
- C).....There should be conscious internet usage in formal and non-formal education programmes.
- D).....Techniques to play games must be showed.



3. What is the name which is given to all computer and information technologies that is used to obtain data, store, make some process on and transmit it from one place to other via nets.

- A) Informatics Technology
- B) Electric Technology
- C) Software
- D) Hardware

4. Core element of informatics is

5. While using the computer the distance between screen and eyes must be cm.

6..... The data on the internet shouldn't be accredited according to its source. (T/F)

7..... Personal life of the people shouldn't be interfered in internet environment. There shouldn't be exchanging information regarding personal life. (T/F)

Answer Key

1-C)

2/A T

2/B T

2/C T

2/D F

3- A)

4- Computer

5- 50-60 cm

6- T

7-T